CARER SERVICES

Lifebridge Carer Services offers supports to the carers of people who are aged, frail or living with dementia. These services are designed to help you continue providing the vital care and supports to those who need it most.

Carer Services provide you with the opportunity to reflect on your needs and to share your personal experience with other carers alike. Within a friendly and supportive environment you will learn from others as well as, guest speakers and will be able to take advantage of some respite.

At Lifebridge, we offer flexibility in our services, overnight respite, group activities and individual respite. We will work with you to develop a plan that's right for you and the person you provide care to.







Discover Lifebridge Visit **lifebridge.org.au** or call **1800 043 186**

Funded by the Australian Government Department of Health. Visit the Department of Health website (www.health.gov.au) for more information







ABOUT LIFEBRIDGE

Lifebridge Australia is a leading provider of Disability and Aged Care services in the NSW, Far North Coast region. Lifebridge has been providing community services since 1987 and continues to uphold a continuing passion for exceptional service delivery.

Lifebridge delivers a range of person centred services, tailored, to your needs and goals. These services are designed to help you increase your independence and to support you to live your life, your way.

At Lifebridge we aspire to see independence and inclusion for the Aged and people with a Disability in our community.

Unique to our customers is the Lifebridge Advantage.



Supporting you to live your life your way

Lifebridge Advantage is a unique experience exclusive to Lifebridge.

The Lifebridge Advantage is an initiative that has been developed over 30 years to provide our customers with unparalleled opportunity and confidence. Lifebridge Advantage uses the knowledge and insight gained from 30 years of working with the aged and people with disability, combined with evidence based research to deliver a unique approach to community services.

It focuses on an individual's strengths and interests to maximise their opportunity in meeting their life goals. The Lifebridge Advantage experience provides each person with extensive support gained from a friendly and active community. This welcoming and inclusive community nurtures each individual and promotes the practice of learning through doing.

Lifebridge Advantage acknowledges that each person is unique and responds differently. It actively listens to each individual and ensures collaboration in every decision made and every activity selected. This approach ensures that the goal of each customer is met with an activity that has meaning and purpose to the individual.

Through the Lifebridge Advantage you will be empowered and encouraged to participate and discover new opportunities.

The Lifebridge Advantage will support you to live your life, your way.



DISABILITY SERVICES

Lifebridge provides Disability Services for people with an intellectual and or physical disability that affects their ability to take part in everyday activities. Our Disability Services are available for those aged under 65 years and are an Australian citizen or permanent resident.

Lifebridge Disability Services offer a range of tailored programs to ensure you receive a service that is right for you and your goals.

- Home and Daily Living
- Health and Wellbeing
- Education and Work Experience
- Social and Community Participation
- Relationships and Independence
- Children and Youth Services

With you leading the way, we develop a person-centred plan that details your goals and the activities you want to participate in. We listen to your needs and will support you to achieve your goals. Our focus is on your abilities and potential and will motivate you continue striving for more. Most of all, we are passionate about what we do and enjoy being a part of your journey.

AGED CARE SERVICES

Our Aged Care Services are purposely designed to harness the abilities available to each individual.

Our tailored programs offer you a variety of activities so you can participate in those that have meaning to you and your life experiences. Our unique design seeks to provide you with purpose, pleasure and a sense of value.

Re-engage with your local community, develop friendships and be a part of our friendly and supportive Lifebridge community.

