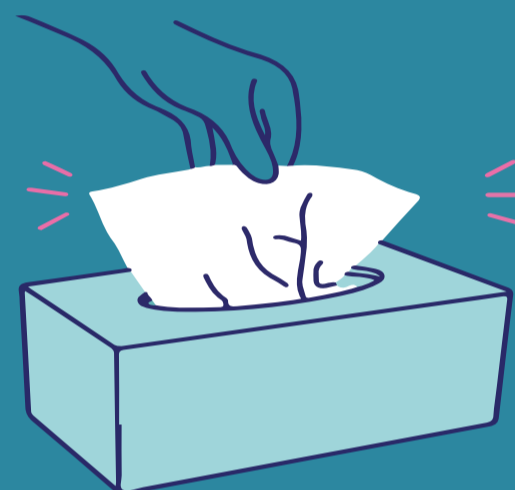


# SIMPLE STEPS TO HELP STOP THE SPREAD.

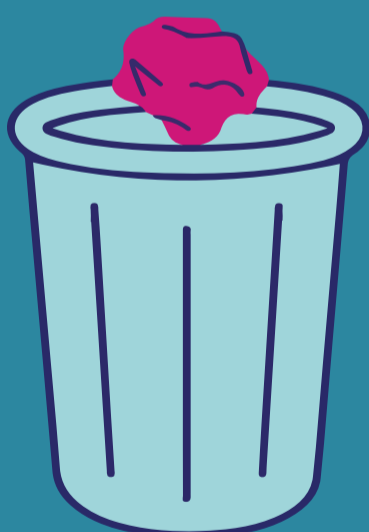
Cough or sneeze  
into your arm



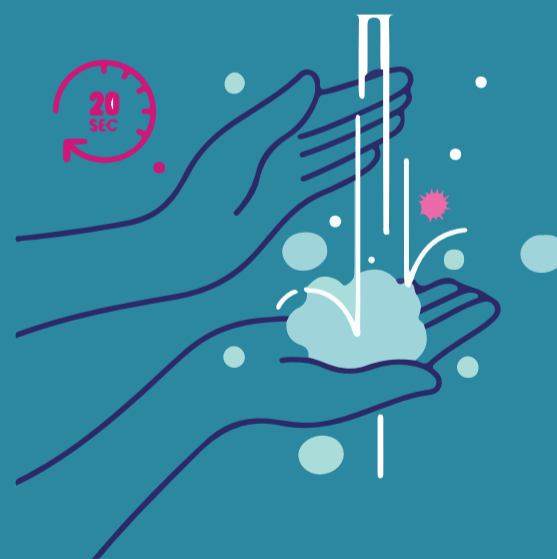
Use a tissue



Bin the tissue



Wash your hands



TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus  
(COVID-19)** visit **health.gov.au**