





MNC & NSW Cross Sector Aged Care – Keep Me Safe at Home; Aged Care Covid 19 Tool Box

Suspected / Confirmed COVID 19 case – Hygiene

Before Entering house or Unit	During	After
<ul style="list-style-type: none"> Customer will be advised to provide a bin liner in their outside bin. Use a toilet before the visit. On arrival. Ring the office to tell them start of visit. Leave phone and personal items in locked car. Clean your hands–hand sanitiser Prepare plastic container in boot of car with PPE, hand sanitiser, garbage bag. <i>Outside front door*:-</i> <ul style="list-style-type: none"> Knock and show customer ID then place in container Ask customer and carer to wash their hands and put on face masks Prepare garbage bag at door for disposable items Clean hands with sanitiser & leave at front door <u>Don (put on)</u> <ul style="list-style-type: none"> - gown - mask - goggles / face shield - gloves 	<ul style="list-style-type: none"> Ensure customer wears a face mask. <u>Do not shower the person</u> Sponge the person on their shower chair or in bed (only in bed if this has been assessed as safe). Prepare; a container to carry dirty linen to laundry Prepare; commercial bag bath wipes, baby wipes or a bowl of warm water with soap and wash cloths. Prepare; Towels & clothing. Do not place on floor (clean or dirty). Cover the customer with a towel when removing clothing Commence washing and drying individual parts of the body. Working with the customer, wash face and neck first, arms and hands second, body then legs and feet. Prompt or assist the customer to wash the perineum last (between the legs). If using, squeeze wash cloths remove excess water to wash parts of the body. Replace water when soiled. Dry and assist customer to dress. Dispose of equipment. Place dirty items into container and carry to washing machine. Do not carry against body. Use hot wash. Do not touch your face, answer phone, eat, drink or use the toilet in the home. <div style="background-color: #ffe4c4; padding: 5px;"> <p>If contamination occurs and the bare skin on your face is touched by you or the customer during the procedure.</p> <ul style="list-style-type: none"> Leaving the customer covered with towels and positioned safely Take off your gloves Clean your hands, liquid soap and water or hand sanitiser Put on new gloves. Clean contaminated skin with hand sanitiser. Finalise the hygiene visit </div> <p>* AT FRONT DOOR – some customers may prefer donning and doffing to occur inside the front door for privacy. If this is the case always open and close the front door with gloves on and perform hand santiser post removal of gloves.</p> <p>* Shield reuse clean; 2 step clean. Use hospital grade disinfectant wipes. Or 2-in-1 clean combined detergent and disinfectant wipes. Place clean goggles in reusable container, close lid.</p>	<ul style="list-style-type: none"> Ensure customer distancing, 1.5m Outside front door:- <ul style="list-style-type: none"> DOFF take off and <u>discard in garbage bag</u> gloves goggles or face shield if reusing shield or goggles*. gown hands - hand sanitiser  <p>Perform hand hygiene with - <u>soap and water</u> as frequently as possible through the day</p> <ul style="list-style-type: none"> Close the garbage bag and place in the outside bin Clean your hands – hand sanitiser Return to car with plastic container Retrieve your phone Document visit through Visicase On departure. Notify office leaving home and inform the supervisor if you have contaminated yourself.