





MNC & NSW Cross Sector Aged Care – Keep Me Safe at Home; Aged Care Covid 19 Tool Box

Suspected / Confirmed COVID 19 case – Meal Support

Before Entering house or Unit	During	After
<ul style="list-style-type: none"> Customer will be advised to provide a bin liner in their outside bin. Shop before arriving if needed Use a toilet before the visit. On arrival. Ring the office to tell them start of visit. Leave phone and personal items in locked car. Clean your hands–hand sanitiser Prepare plastic container in boot of car with PPE, hand sanitiser, garbage bag. <i>Outside front door*:-</i> <ul style="list-style-type: none"> Knock and show customer ID then place in container Ask customer and carer to wash their hands and put on face masks Prepare garbage bag at door for disposable items Clean hands with sanitiser & leave at front door <u>Don (put on)</u> <ul style="list-style-type: none"> - gown - mask - goggles / face shield - gloves 	<ul style="list-style-type: none"> Ensure customer wears a face mask Advise customer re 1.5 metre distancing. 2 step clean. Clean and disinfect kitchen high touch areas e.g. bench, sink and fridge surfaces. Soap and water to clean and hospital grade disinfectant wipes with activity against virus to disinfect. Or 2-in-1 clean combined detergent and disinfectant wipes. Comply with 5 moments of hand hygiene whilst in PPE Do not touch your face or answer customers phone Do not eat or drink with the customer. DO not use the toilet in the home. Carry out all meal preparation activities in full PPE including putting groceries away, preparing and labelling food in fridge. Stay in another room whilst the customer eats. When they have reapplied face mask, re enter room and wash up. Clean and disinfect bench and sink surfaces. Soap and water to clean and hospital grade disinfectant wipes with activity against virus to disinfect. <div style="background-color: #ffe4c4; padding: 5px;"> <p>If contamination occurs and the bare skin on your face is touched by you or the customer during the procedure.</p> <ul style="list-style-type: none"> Leaving the customer covered with towels and positioned safely Take off your gloves Clean your hands, liquid soap and water or hand sanitiser Put on new gloves. Clean contaminated skin with hand sanitiser. Finalise the hygiene visit Notify supervisor of contamination after leaving the home </div> <ul style="list-style-type: none"> * AT FRONT DOOR – some customers may prefer donning and doffing to occur inside the front door for privacy. If this is the case always open and close the front door with gloves on and perform hand santiser post removal of gloves. * Shield reuse clean; 2 step clean. Use hospital grade disinfectant wipes. Or 2-in-1 clean combined detergent and disinfectant wipes. Place clean goggles in reusable container, close lid. 	<ul style="list-style-type: none"> Ensure customer distancing, 1.5m Outside front door:- <ul style="list-style-type: none"> DOFF take off and <u>discard in garbage bag</u> <ul style="list-style-type: none"> gloves goggles or face shield if reusing shield or goggles* gown hands - hand sanitiser  <p>Perform hand hygiene with - soap and water as frequently as possible through the day</p> <ul style="list-style-type: none"> Close the garbage bag and place in the outside bin Clean your hands –hand sanitiser Return to car with plastic container Retrieve your phone Document visit through Visicase On departure. Notify office leaving home