



















Lifebridge Calendar - June 2022

Contact Colleen- 1800 043 186

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		(9am to 3pm) 1 Social & Community Sailing- \$10 	(9am to 3pm) 2 Music and Culture Morning Jam Session Afternoon beach front incl music trivia Carers Cuppa (11am to 12pm)	(9am to 3pm) 3 Active & Social Sports Club Golf - \$6.00 	4	5
(9am to 3pm) 6 Health & Wellbeing Group Cooking, ind living skills and games Mini Pizza - \$10.00 Scrabble Championship	(9am to 3pm) 7 Fishing Club  Creative relationships Art, craft and active living Recycled bookmarks and Fingal Lighthouse Hike	(9am to 3pm) 8 Social & Community Sailing- \$10 	(9am to 3pm) 9 Music and Culture Morning Jam Session Afternoon Cooly Rocks On 	(9am to 3pm) 10 Active & Social Sports Club Hosanna Farm - \$7.00 	11	(TBA) 12 Sunday Session Cooly Rocks On Bring spending money 
13 QUEENS BIRTHDAY PUBLIC HOLIDAY 	(9am to 3pm) 14 Fishing Club  Creative relationships Art, craft and active living Morning tea walk - making friendship bracelets/bands	(9am to 3pm) 15 Social & Community Sailing- \$10 	(9am to 3pm) 16 Music and Culture Morning Jam Session Afternoon Ten Pin Bowling - \$14.00 Carers Lunch - 12 noon Tweed Heads Bowls Club	9am to 3pm) 17 Active & Social Sports Club Tweed Heads Exercise Trail - no cost	(11am to 6pm) 18 Mystery Bus Tour "Genie in a lantern" \$18 - by invitation	19
(9am to 3pm) 20 Health & Wellbeing Group Cooking, ind living skills, games Toasted Sangers - \$10.00 Bingo	(9am to 3pm) 21 Fishing Club  Creative relationships Art, craft and active living Photography and picnic lunch 	(9am to 3pm) 22 Social & Community Sailing- \$10 	(9am to 3pm) 23 Music and Culture Morning Jam Session Afternoon - Minjungbal Aboriginal Cultural Centre	(9am to 3pm) 24 Active & Social Sports Club Tennis - no cost 	25	26
(9am to 3pm) 27 Health & Wellbeing Group Cooking, ind living skills, games Pumpkin Soup - \$10 Beach Games 	(9am to 3pm) 28 Fishing Club  Creative relationships Art, craft and active living Recycled shirt tote bag - bring old t-shirt that can be cut up.	(9am to 3pm) 29 Social & Community Sailing- \$10 	(9am to 3pm) 30 Music and Culture Morning Jam Session Afternoon - Pottsville Environmental Park 	Important Bring sun protection, suitable footwear, food and water. Don't forget to check costs for daily activities.		