












# Lifebridge Calendar - May 2022

Contact Colleen- 1800 043 186

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
(9am to 3pm) <b>2</b> Health & Wellbeing Group Cooking, ind living skills, games Quiche \$10 Uno championship 	(9am to 3pm) <b>3</b> Fishing Club Creative relationships Art, craft and active living Candle making and beach walk at Pottsville	(9am to 3pm) <b>4</b> Social & Community Sailing- \$10 	(9am to 3pm) <b>5</b> Us the Band or Bowling \$21.50 a week for 3 games \$3.35 away fee \$36 annual membership (includes end of year party and trophies)	(9am to 3pm) <b>6</b> Active & Social Sports Club Hydrotherapy - \$4.80	(8.30am to 3pm) <b>7</b> Mystery Bus Tour "Sail away with Us" \$32 - by invitation	<b>MOTHERS DAY</b>
(9am to 3pm) <b>9</b> Health & Wellbeing Group Cooking, ind living skills, games Pancakes \$10 Scrabble Championship	(9am to 3pm) <b>10</b> Fishing Club Creative relationships Art, craft and active living Magazine pot plant holder and Fingal Lighthouse hike	(9am to 3pm) <b>11</b> Social & Community Sailing- \$10 	(9am to 3pm) <b>12</b> Us the Band or Bowling League details are per above Carers Cuppa (11am to 12pm)	(9am to 3pm) <b>13</b> Active & Social Sports Club Sports Trivia and walk at Kingscliff - no cost 		
(9am to 3pm) <b>16</b> Health & Wellbeing Group Cooking, ind living skills, games San Choy Bow \$10 Marble Masters	(9am to 3pm) <b>17</b> Fishing Club Creative relationships Art, craft and active living Photography day and movies \$16.50 	(9am to 3pm) <b>18</b> Social & Community Sailing- \$10 	(9am to 3pm) <b>19</b> Bowling League details are per above 	(9am to 3pm) <b>20</b> Active & Social Sports Club Lawn Bowls - no cost Blues on Broadbeach is on	<b>21</b>	(2pm to 7pm) <b>22</b> Music and Culture US the Band & Llve Music Blues on Broadbeach Free entry - bring money for food and drinks
(9am to 3pm) <b>23</b> Health & Wellbeing Group Cooking, ind living skills, games Tuna Pasta Bake \$10 Bingo	(9am to 3pm) <b>24</b> Fishing Club Creative relationships Art, craft and active living Create a portrait at Byron Bay Farm (option to buy a drink \$10)	(9am to 3pm) <b>25</b> Social & Community Sailing- \$10 	(9am to 3pm) <b>26</b> Bowling League details are per above Carers Lunch - 12 noon Tweed Heads Bowls Club	(9am to 3pm) <b>27</b> Active & Social Sports Club Chris Cunningham Park walk and light exercise - no cost	<b>28</b>	(2pm to 7pm) <b>29</b> Music and Culture US the Band & Llve Music 
(9am to 3pm) <b>30</b> Health & Wellbeing Group Cooking, ind living skills, games Tacos \$10 	(9am to 3pm) <b>31</b> Fishing Club Creative relationships Art, craft and active living 	<p><b>Important</b> - bring sun protection, suitable footwear, food and water.                      Don't forget to check costs for daily activities.</p>				