# Lifebridge Calendar - August 2022

## Contact Colleen - 1800 043 186

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
(9am to 3pm)  Health & Wellbeing Cooking, ind living skills, games  Singapore Noodles Scrabble Championship Cost - \$10.00	(9am to 3pm) 2 Creative Relationships Putt Putt Golf Cost- \$15.00	(9am to 3pm) 3 Social & Community Sailing Cost- \$10.00 Fishing Club	(9am to 3pm)  Music & Culture  Uki Village for lunch at the Tavern  Cost- \$15.00	(9am to 3pm) 5 Active & Social Sports Club Hydrotherapy Cost- \$4.80	(6am to 2pm) 6 Whale Watching Mystery Tour Cost - \$80.00	7
(9am to 3pm)  Health & Wellbeing Cooking, ind living skills, games  Minestrone Soup Marble Championship Cost-\$10.00	(9am to 3pm)  Creative Relationships  Apron Making/decorating  Cost- \$10.00  Gardening	(9am to 3pm) 10 Social & Community Sailing Cost - \$10.00 Fishing Club	(9am to 3pm) 11  Music & Culture  Bleach Festival	(9am to 3pm) 12 Active & Social Sports Club Dance exercise & BBQ Cost-\$3.00	13	14
(9am to 3pm)  Health & Wellbeing Cooking, ind living skills, games Fried Rice Uno Masters Cost-\$10.00	(9am to 3pm) 16 Creative Relationships Ten Pin Bowling Cost - \$15.00	(9am to 3pm) 17 Social & Community Sailing Cost- \$10.00 Fishing Club	(9am to 3pm)  Music & Culture  Crystal Castle Visit	(9am to 3pm)  Active & Social Sports Club  Netball/pickle ball Tallebudgera Rec Centre Cost- \$2.90	20	21
(9am to 3pm)  Health & Wellbeing Cooking, ind living skills, games  Chocolate Cake/Muffins Bingo Cost - \$10.00	(9am to 3pm) 23 Creative Relationships Night Light Glow Jars Bring an empty jam size jar along Gardening	(9am to 3pm) 24 Social & Community Sailing Cost - \$10.00 Fishing Club	(9am to 3pm) 25  Music & Culture  Music Session and BBQ at Kingscliff	(9am to 3pm) 26 Active & Social Sports Wear it Purple Day walking scavenger hunt Coolangatta Cost-\$4.80	27	(2pm to 7pm) 28 Sunday Sesh Live Music and Dinner Cost - \$20.00 for food and drinks
(9am to 3pm) <b>29</b>	(9am to 3pm) <b>30</b>	(9am to 3pm) <b>31</b>				

### **Health & Wellbeing**

Cooking, ind living skills, games

Bread and Butter Pudding Jenga Championship

Cost-\$10.00

#### **Creative Relationships**

Byron Lighthouse Picnic Lunch



### **Social & Community** Sailing

Cost- \$10.00

**Fishing Club** 



# Important!

Bring sun protection, suitable footwear, food and water. Don't forget to check costs for daily activities.

