






















Lifebridge Calendar - November 2022

Contact Colleen - 1800 043 186

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	(9am to 3pm) 1 Creative Relationships Melbourne Cup Day Dress up for Fashions on the Field Cost - \$5.00 	(9am to 3pm) 2 Social & Community Sailing Cost - \$10.00 	(9am to 3pm) 3 Music & Culture Ten Pin bowling at Robina Cost - \$16.00 	(9am to 3pm) 4 Active & Social Sports Club Darts/Quiz Walking 	(9am to 3pm) 5 Mystery Tour Scavenger Hunt Quest (by invitation) Cost - \$15.00 for morning tea, lunch provided	6 
(9am to 3pm) 7 Health & Wellbeing Cooking, ind living skills, games Egg and Ham Muffins Cost - \$10.00 	(9am to 3pm) 8 Creative Relationships Trip to Crystal Castle Cost - \$20.00 	(9am to 3pm) 9 Social & Community Sailing Cost - \$10.00 Fishing Club 	(9am to 3pm) 10 Music & Culture Group Band Practice Fingal Sheoak Shack and Lighthouse Walk	(9am to 3pm) 11 Active & Social Sports Club Fingal Park T-Ball/Grip/Footy Ball	12	13
(9am to 3pm) 14 Health & Wellbeing Cooking, ind living skills, games Lasagne Cost - \$10.00 	(9am to 3pm) 15 Creative Relationships Air Dry Coil Clay Pots Cost - \$10.00 	(9am to 3pm) 16 Social & Community Sailing Cost - \$10.00 Fishing Club 	(9am to 3pm) 17 Music & Culture Movies Cost - \$25.00 	(9am to 3pm) 18 Active & Social Sports Club Tennis Coaching Cost - \$11.00 	19	20
(9am to 3pm) 21 Health & Wellbeing Cooking, ind living skills, games Fruity Flap Jacks Cost - \$10.00 	(9am to 3pm) 22 Creative Relationships Macadamia Castle Cost - \$22.00 	(9am to 3pm) 23 Social & Community Sailing Cost - \$10.00 Fishing Club 	(9am to 3pm) 24 Music & Culture Band Practice "new material", visit to Sunflower Farm, Cudgen 	(9am to 3pm) 25 Active & Social Sports Club Badminton/Basketball Cost - \$3.00	26 	(2pm to 7pm) 27 Sunday Sesh Live Music and Dinner Cost - \$25.00 RSVP by 4/11/2022
(9am to 3pm) 28 Health & Wellbeing Cooking, ind living skills, games Apricot Muesli Slice Cost - \$10.00 	(9am to 3pm) 29 Creative Relationships Train Ride, Byron Bay Cost - \$20.00 	(9am to 3pm) 30 Social & Community Sailing Cost - \$10.00 Fishing Club 	Important! Bring sun protection, suitable footwear, food and water. Don't forget to check costs for daily activities.			